



FIRST  
PRESBYTERIAN  
CHURCH OF  
YORKTOWN

# *The* DISCIPLE

October/November 2022

## DATES TO NOTE:

November 6  
*All Saints' Sunday*

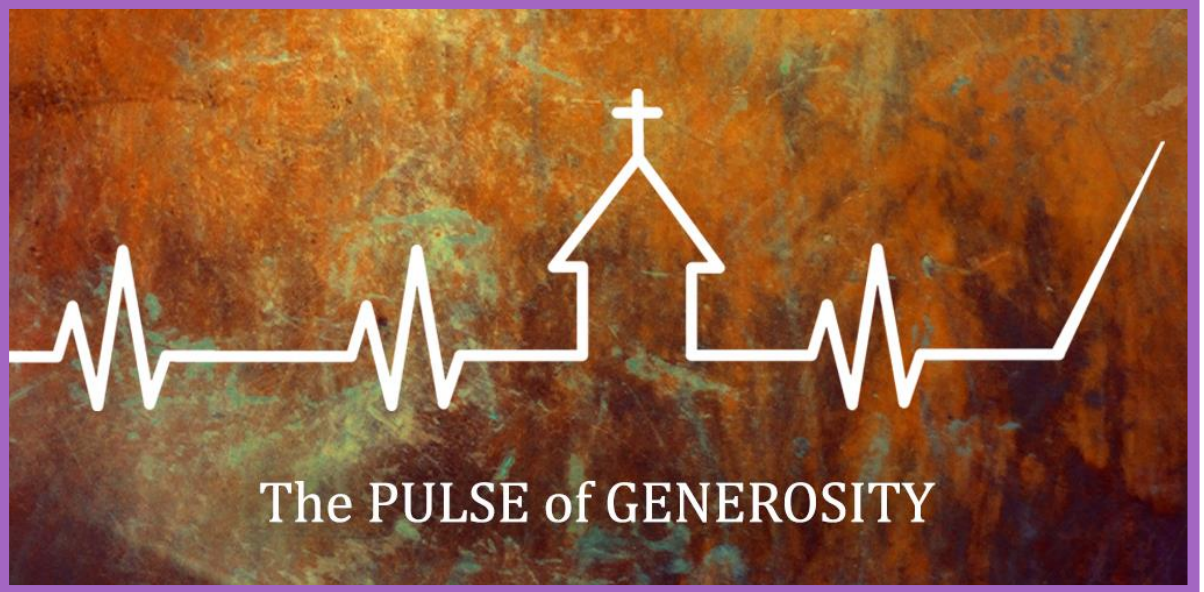
November 13  
*Peace & Justice  
Sunday*

November 20  
*Interfaith  
Thanksgiving  
Service*

November 26  
*Hanging of the  
Greens*

November 27  
*1st Sunday  
of Advent*

November 30  
*CrossGen  
Advent Special*



*Speaking the truth in love, let us grow up in every way into him who is the head, into Christ,  
from whom the whole body, joined and knit together by every ligament with which it is equipped,  
as each part is working properly, promotes the body's growth in building itself up in love.*

I don't know what it is about fall – the brisker air, the changing colors, the brilliant blue skies and harvest moon, the shortening days, the smell of spices and the crunch of leaves underfoot – but life feels brighter, more immediate, more vibrant, more alive. The pace of life also speeds up as we move back into the rhythms of school and work, extracurricular and volunteer activities. This has certainly been true here at church with the program year gearing up into full swing with 2 worship services on Sundays, faith formation for all ages, mission and service opportunities throughout the week. If we were to take the pulse of our church lately, it would definitely be thumping right along!

As restrictions have lifted and we continue to emerge from the pandemic, we have been checking our vital signs as a church. Just like illness can seriously disrupt our personal health and strength, there is no doubt that the pandemic has seriously disrupted our church's health and vitality. So this fall, we are reaching out and reconnecting with our church community (similar to the way we did at the beginning of the pandemic) to better understand who we are and to strengthen the tendons and ligaments that hold us together.

This fall, we are also focusing on the pulse of generosity because generosity is what has inspired, built, and sustained this church for almost 3 centuries. The good news of God's generous love and grace gave birth to our church all that way back in 1730, and that same good news has fueled our ministry and mission ever since. The generosity of generations of church folk have built and maintained our buildings, staffed our ministry, sung and prayed our worship to God, and reached out in service to the wider community and world.

*(Continued on page 2)*

What has kept the pulse of generosity at FPCY beating strong? Love...Gratitude...Community...Sacrifice...Abundance. All of these have energized the generosity that has kept this church alive and kicking and brimming with God's abundant life.

- ⇒ What motivates your generosity?
- ⇒ How have you experienced God's love and abundant blessings, even in the midst of the last 3 years?
- ⇒ How have the gifts of our community and the sacrifices made by others before us made a difference in your life?

We invite you to reflect on these questions as you consider how you can be a vital part of our church community.

In the next few weeks, you will receive an invitation from our Stewardship Commission to complete a Giving Covenant as a pledge of your generosity in the coming year. Please prayerfully consider how you can Pray, Engage, and Give to the ministry and mission of our church. Your generosity is what keeps the heart of FPCY beating steady and strong.



Chip



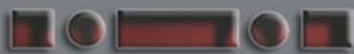
Jami



Interfaith Celebration of  
Thanks —  
Community Service  
Sunday, November 20th,  
4:00pm  
at Temple Beth Am

Join us for this culturally rich time with our neighbors.  
Free-will offering to benefit area food pantries.  
Fellowship and refreshments with friends and neighbors.

# JOIN US



Those interested in exploring  
membership at FPCY  
are welcome to attend  
our new member classes  
Sundays at 9:15 am  
October 23 - November 20, 2022





This is my first year with a bulletin board here at FPCY. When I was teaching in Connecticut, I LOVED making bulletin boards – creating them was more for me than it was for anyone else. It scratched a part of my brain that I didn't get to scratch often. This holds true even now. My message this year is simple... "Individually we are one note, together we are a masterpiece" It's a cliché saying in the music world, but it's true.

I'm going to call back a previous disciple article of mine and talk about "unison" and "harmony." Unison refers to "different voice parts singing the same melody or tune together." Harmony refers to a chordal structure in which different pitches are stacked to form a solid sound or series of solid sound. This stacked harmonic structure often requires tones within varying voice ranges to blend in support of a single melodic line carrying the text of an anthem or song. With unison the message of a single melodic line is of primary importance. With harmony the feeling of conjoined tones is more important than any single pitch. The musical score often indicates which is more important. Sometimes harmony backs off to allow melody to soar. Sometimes rich harmonies dominate the music to carry us emotionally beyond the simple meaning of the text. And then there are those times when both unison and harmony are present and share importance.

Singers realize that there are times when a unison effort is necessary to carry a poignant message with great strength and resolve – it is a focused musical oneness dependent on each member agreeing musically to join all the other singers in one accord. When harmony is prominent in a musical score, there is required cooperation and adjustment to ensure that individual parts don't rob the spotlight from others. Harmony requires alignment and adjustment for the good of the whole. Harmony achieves its "oneness" through cooperation and mutual respect. Harmony achieves its beauty through consciously adjusting the sounds in each word for unanimity and of course... breathing together.

I think you see where I'm going with all this...Churches attain purpose and vitality through much the same process as a choir. Studies show when a choir sings well together, heart rates are in sync and breathing lines up; Abby Cross even leads us through specific exercises to help us attain unity in rehearsal. Breathing together...caring for individuals...working as one body... focusing on covenant... being aware of needs... being guided by the same spirit... breathing together... all are choir goals.

There are two choirs in every congregation. The smaller choir is the church choir. The larger choir is the congregation. Each of these choirs influences the other. The vitality of each of these singing groups is contingent on the other. They need each other to survive and strive and make God's music together. I love hearing the congregation sing hymns on Sunday morning; it's when I truly worship as an individual. I love it so much that I want to HEAR MORE of you MORE OFTEN. Consider this a call to consider joining our Church Choir. It's a rewarding experience and enlivens the larger worship experience every Sunday morning. We'd love to see you there! Thursday nights at 8:00; Sunday mornings at 9:30. Absolutely no experience necessary.

Yours in harmony,  
Garrett







The Session held a special “mini-retreat” in July and regular Session meeting in August. An important focus of the meetings was discerning where we are as a church in this ever-changing, transitional time during the pandemic, and where God’s presence is in the midst of it all. It was decided to spend time reaching out and connecting with all of our church membership, congregants (people who attend our church but may not be members), prospective members, and volunteers to check in with how they are doing, and to let them know that they are remembered, cared for, and welcome. A Reach Out and Reconnect (R&R) Team was formed to design the process which resulted in forty members of the church agreeing to participate as “Callers” to connect with all members of our church community during the end of September and beginning of October.

In July the Session approved a new job description and new title Director of Youth and Intergenerational Ministries for Stephanie Hare, effective August 1st.

At its August meeting, the Session voted to change the mask policy for Worship and Church School to “Masks optional, welcome, and respected”. As before, the masking policy is subject to changes in local health conditions, guidance from the CDC, and NY State guidelines.

The Capital Campaign Project Management Team reported that all classroom spaces will be ready in time for Church School. A kitchen designer has been chosen, bids have gone out to contractors, and the Team is aiming for a January 2023 finish!

Did you know? It’s that time of year! The Nominating Committee will be meeting to discern and nominate members of the congregation to serve as elders and deacons. The committee was elected by the congregation at our February Annual Meeting and consists of five members of the congregation and two elders currently on Session. Our Presbyterian Book of Order “defines” an elder as a person with “particular gifts to share in discernment of God’s Spirit” and “compassionate in spirit.” The Deacon’s ministry is “one of compassion, witness, and service.”

What an honor to serve!

Christie Herman,  
*Clerk of Session*

DON'T FORGET TO  
**FALL BACKWARD**



**November 5th, 2:00 am**



### BEREAVEMENT SUPPORT

#### **NEW Bereavement Group Starting Monday, October 24, 10:00am**

Grief is the natural reaction to loss. Grief is both a universal and a personal experience. Individual experiences of grief vary and are influenced by the nature of the loss. Some examples of loss include the death of a loved one, the ending of an important relationship, or the loss of connection to family and friends due to illness or the COVID pandemic.

Experts advise those grieving to realize they cannot control the process and to prepare for varying stages of grief. Understanding why they're suffering can help, as can talking to others and sharing thoughts and feelings in a welcoming and safe place.

To that end, our Church is offering a bi-weekly Bereavement Support Group starting Monday, October 24, from 10 a.m. to 11:30 a.m. for eight sessions.

Facilitating the group will be Judy Chessa and Dolores Vidal-Roy. Please contact Judy (914-552-2509) or Dolores (914-980-6877) to register or if you have any questions.

God heals the broken-hearted,  
and binds up their wounds. ~Psalm 147:3



### FPCY Bereavement Group

Beginning Monday, October 24

#### **Prayer Shawl**

Our next in-person meetings will be:

October 19 at 10:30 am

November 2 at 9:30am

November 16 at 10:30 am

If you need yarn or project guidance  
contact Marianna Sherman  
(914-737-8294)



#### **Knit Togethers**

We continue to knit baby blankets and lap blankets for giving in December to local community groups. Yarn is available. Next meeting dates are:

Mondays at 10:00 am in the Library

on October 24, November 14 & 28, and December 12.

All knitters are welcome to join us.

For information: Norean Radke 914-962-4370 (or email [radke30@msn.com](mailto:radke30@msn.com)).



# Sunday School



Hello friends!

It's October and Sunday School is off to an energetic start this year. One of the very exciting things about this school year in particular is that for the first time – maybe ever – we have a class on Sunday mornings for all of our High School age youth!

Our new group is called Fathom. All of the topics that we are exploring this school year are chosen by our class members and they are some very deep topics. The word fathom means deep in both the literal and figurative sense as it can be used to describe both:

- a) understanding a difficult problem or issue after much thought, and
- b) measuring the depth of a body of water, like an ocean – so the name Fathom really fits our class!

All 9th – 12th graders are warmly welcome to Fathom with us on Sunday mornings! Right now and for the next several weeks, we are fathoming the sometimes tricky relationship between science and religion. So if you know a High School aged student who ponders big thoughts and wrestles with big questions, Fathom is the place to be; find us in Room 1 any Sunday morning!

Registration is ongoing for all of our Sunday School classes.



- Our youngest students, up through grade 4, are learning all about God's big love in Shine
- 5th & 6th graders are connecting to the lessons in the Hebrew scriptures in Connect,
- 7th & 8th graders are exploring the journey of God's people in FaithX.



**Register your children and youth here: <https://tinyurl.com/FPCY-SundaySchool-2022-23>**

Sunday School can always use more adult volunteers! We are in particular need of folks excited about working with our younger students, so if that is you, let us know! Reach out to Sunday School Superintendents Wanda Diaz and Miranda McGill with questions about any of our classes or to volunteer!



## FPCY YOUTH GROUPS

**Join us for Youth Groups  
on Sunday, October 23rd!**

Middle School from 5:30 – 7 pm  
and

High School from 6:30 – 8 pm

In November, come help pack  
and sort for the Breakfast Run  
from 3:00 – 5:30 pm on Friday,  
November 11 and come on the  
Run on Saturday, November 12  
from 7:30 am to about 11:30 am

(See the Breakfast Run info on page 9 for the sign up link!)



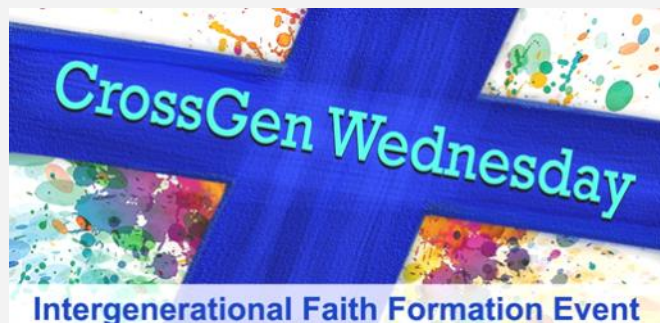
**YOUTH GROUP**

We'll have an all Youth gathering – Middle and High School – on Sunday, November 27th from 6 – 7:30 pm.

Youth activities are open to all youth, so whether you come all the time or want to drop in for the first time, join us!

Contact Steph Hare with any questions: [stephanie@fpcyorktown.org](mailto:stephanie@fpcyorktown.org)

## CROSSGEN – NOVEMBER 30



### ***Gatherings That Cross the Boundaries of Generations***

Wednesday, October 12th marked our third CrossGen Wednesday, our series of intergenerational faith formation events that we began last spring. Each one of our CrossGen Wednesdays has a theme based around a practice of Jesus: in May we honored God's Diversity; in July we practiced Joy; and in October we explored Generosity.

As a part of our exploration of generosity, we read the story "Stone Soup" and compared it to the passage from Acts 2: 42-47 that tells us of the early followers of Jesus joining together to share their food and possessions so that everyone's needs were met. And then we put our learning into action and made soup together!

Our soup was made through many acts of generosity; generosity of resources, time, wisdom, patience, and love. We saw seemingly small individual gifts like that of a single can of beans, the patience to teach younger cooks to peel potatoes, the time to wash cutting boards, and the great gifts of laughter and camaraderie come together to make five gallons of soup for the residents at the Jan Peek shelter.

In true CrossGen form, we had all generations represented. We had participants from the age of 5 to the age of 91 and literally every decade in between! If you haven't come to a CrossGen Wednesday yet, know that there is a place for you here because CrossGen Wednesdays are for all; it's where we cross the boundaries of generations to learn from one another and build community together.

**Come join us for our next CrossGen Wednesday on November 30th  
from 5:30-7:30 pm as we kick off Advent and practice Hope!**



## Faith4Life Class Offerings

### Sunday Mornings

Join us on Sunday mornings at 9:15 in the library or online as we watch a series of videos with Walter Brueggemann, who has been described as “one of the most influential Old Testament scholars of the last several decades.” **Here and Now Matters: Moral Action in the Real World.** The viewing guide describes the seven-film series this way: It is “a textured teaching about who we are we called to be in the world through the lens of loving God, loving ourselves, and loving our neighbor.”

### Sunday Evenings

Join us on Sunday evenings from 7 until 8:30 for a discussion of John Philip Newell’s book, *Sacred Earth Sacred Soul*. Books will be available in the office. Contact Tami if you want to join us via zoom.

### Tuesday Mornings

Our Tuesday morning group meets at 10 AM weekly to read and discuss **White Too Long** by Robert P. Jones. We’ll watch videos of the author discussing each of the seven chapters.

### Wednesday Evenings

Our Centering Prayer group continues to meet at 7 PM on Wednesdays, in person and online.

Chip and Tami are leading a weekly Disciple Bible Study Group, **Under the Tree of Life** at 7:30 PM. The study concentrates on the Old Testament Writings (Psalms and wisdom literature), the Gospel of John, and Revelation. This is a 32-week study that includes a significant amount of reading. Please contact Tami (Tami@fpcyorktown.org) or Connie (connie.knapp@icloud.com) to let us know.

### Thursday Mornings

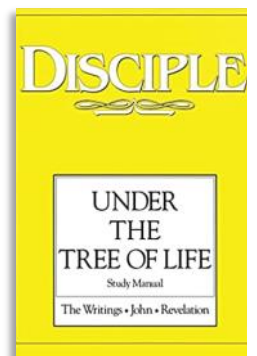
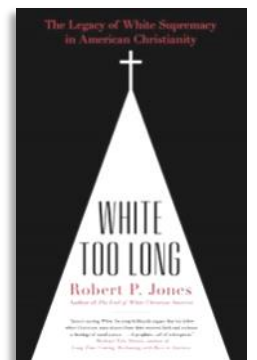
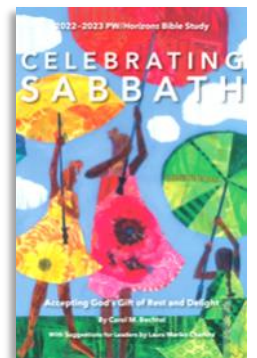
Our Thursday morning group meets weekly at 10 AM. We are watching and discussing a seven-film series, *Called to Community*. This curriculum features several of our generation’s wisest souls reflecting on these issues and the larger question of “What is the role of the Church?”

### Women’s Circle Bible Study

The Women’s Circle meets on the first Wednesday of each month at 10:30 AM in the library and online, following the Presbyterian Women/Horizons Bible Study curriculum, **Celebrating Sabbath: Accepting God’s Gift of Rest and Delight**. Books are available in the office for a suggested donation of \$10.

### Men’s Breakfast

The monthly Men’s Breakfast will meet on November 12th at 8am in our Fellowship Hall.





## MEN'S BREAKFAST & "TENT TAKE-DOWN"

### Men's Monthly Breakfast November 12th, 8am

Join Chip for food,  
fellowship & faith  
in the Fellowship Hall

### Helpers Needed for our "Tent Take-Down" Saturday, November 12, 9-10 am



Men's Breakfast will be on November 12 at 8am.  
Fuel up and Stay to help with our Tent Take Down!

## LOVE WITH SKIN ON — HELPING OUR NEIGHBORS

### We're getting ready for a Breakfast Run on Saturday, Nov. 12! - *ADULTS NEEDED, TOO*

If you're not already familiar with what a Breakfast Run is, it's a chance for us to travel down to New York City on a Saturday morning to connect with people who are experiencing homelessness by bringing clothing, toiletries, an opportunity for conversation, and - you guessed it - breakfast!

### Participation in the Breakfast Run is open to everyone from 6th grade through adults.

We're going to need folks to go on the Run (including adults willing to drive). We'll leave FPCY at about 7:30 am the morning of the Run and be back between 11 and 11:30 am.

And volunteers are also needed to help prep and pack the day before on Friday, November 11 at the church from 3 - 5:30 pm.

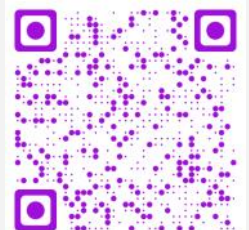
If you can join in on both Friday and Saturday, great! If you can only do one



or the other, also fab.

**Clothing donations needed:** New Men's and Women's underwear in a variety of sizes (basic brief styles); New or gently used warm sweatshirts in medium through XX-large sizes (gray and darker colors preferred). Please drop off in the bin in the Gathering Space.

Ready to sign up for the Breakfast Run? You can do so by scanning the code or by visiting:  
[tinyurl.com/FPCY-2022BreakfastRun](https://tinyurl.com/FPCY-2022BreakfastRun)







## From the Mission Commission



Volunteers Needed for Jan Peek and Noontime Meal in early 2023

We are seeking volunteers to provide dinners to the residents of **Jan Peek House** in Peekskill on Saturday January 28th, Saturday February 25th, and Saturday March 25th. Sign up is easy, just visit <https://www.signupgenius.com/go/8050e45aea62fa1fb6-janpeek1> and claim a slot.



We are also in need of people to volunteer for **Noontime Meal**: January 10, February 7, and March 7. This would require approximately one hour of your time anywhere between 11am and 4pm on those dates. The Noontime Meal activity entails placing and picking up an order of groceries (roast chicken, potato salad and apples) at the ShopRite in Mohegan Lake and delivering them to the Salvation Army in Peekskill (located less than 10 minutes from the ShopRite).

If you are potentially interested in either of these activities and would like to know more, please contact Jeff Kephart at [jeffkephart@gmail.com](mailto:jeffkephart@gmail.com).

**Garden of Hope** — The Garden of Hope is wrapping up its peak harvest season. September and October had some lovely harvests going to the FPCY and St. Mary's food pantries. There is a big work weekend planned for October 22-23 from 9-5 each day to remove plants and prepare the beds for winter. Janet will be there the entire time if anyone would like to drop in. Dawna will be there Saturday afternoon - reach out with questions and please let her know if you will attend (206-947-7173). In the FPCY rows we will be saving the beans and the marigolds to harvest seeds to use for planting next spring. There are a few late radishes that we will let finish out. The eggplants were damaged by the frost (we had an odd early frost) and we had a beautiful harvest last week. Volunteers continue to be needed. We are very appreciative to Allen Arnwine, who comes weekly and often helps with harvest. Heidi and Dawna continue to deliver harvests to FPCY or St. Mary's and return containers to the garden. We also help with getting the produce organized in a way that it can be easily distributed by the food pantry.



Dawna and Heidi







## PANTRY NEWS

### Thanksgiving Pantry

The Thanksgiving Food Pantry distribution will be on Saturday November 19th. Please tune into worship on November 6 and 13, as we are still finalizing our plans for poultry and other offerings. Contributions to the Thanksgiving Special Offering will help us provide special holiday items for the Christmas Pantry. As ever, we are so grateful for your support!

### Community Partnerships & Support

We are grateful to our community partners! Thanks to shoppers and supporters who purchased Stop & Shop Bloomin' 4 Good bouquets during our benefitting month of September 2022, the FPCY Food Pantry will receive \$55



### Item-of-the-Month: CANNED PROTEIN (tuna, etc.)

The majority of the food we offer at our Pantry comes to us from Feeding Westchester. Some items we like to distribute are in short supply. Your contribution of the item-of-the-month can help fill the gap! A donation bin is by the back doors.

**Next Pantry Dates:**  
**October 22**  
**and**  
**November 4 & 19**  
**8 to 11am**

Our pantry has once again been selected to receive \$1 from every \$2.50 reusable Community Bag sold during the month of November 2022 at the Stop & Shop in Peekskill (1831 East Main Street).

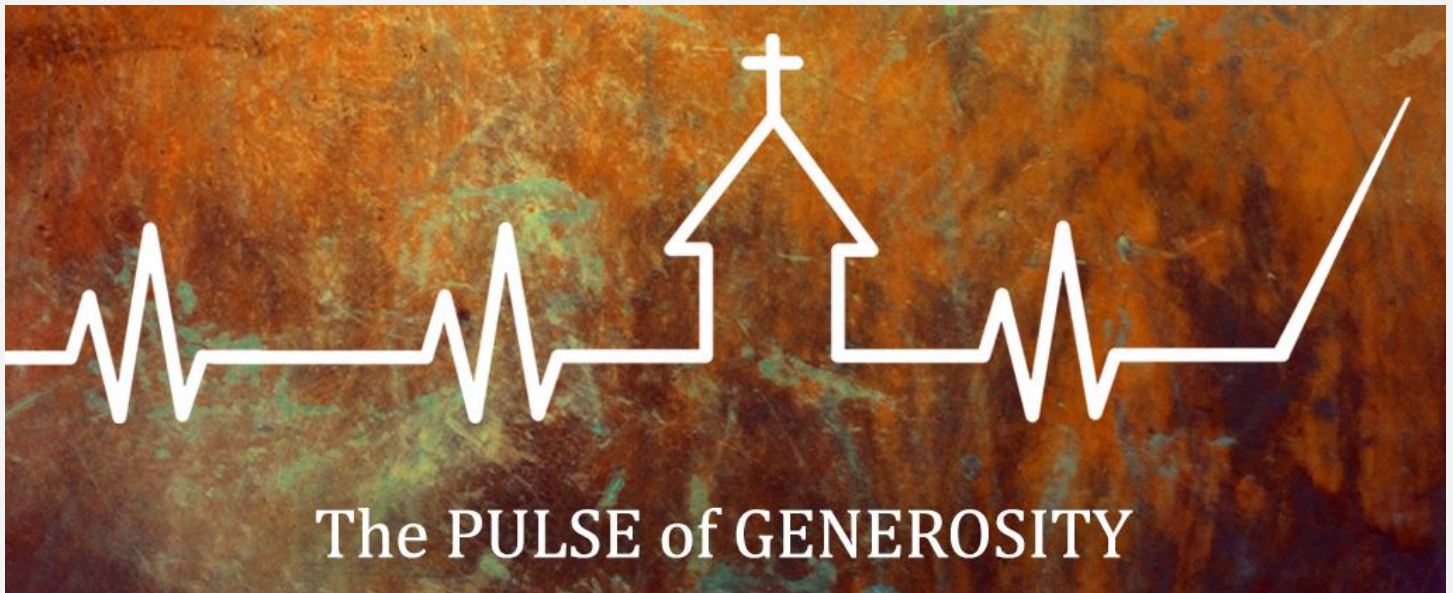


**FPCY PANTRY**  
They can only take out  
what we bring in.

We thank you for bringing in  
**Canned Tunafish**  
or other canned protein







## How's Your Pulse?

Your pulse of generosity, that is. Last fall your Stewardship Commission invited you to enter into a covenant with the congregation to pray, engage and give. The word "covenant" comes from Latin and means "coming together." In the Bible, a covenant is a bond between two parties; the parties are "bound together."

We'd like to think that we are bound together in the generosity of spirit, so this Fall we're asking you to think about what motivates your generosity. Is it love? Gratitude? Community? Sacrifice? Abundance? Life?

We'll be hearing from each other what motivates us. Tami, Chip, Connie, and Charles will be preaching on the pulse of generosity. Brother David Steindl-Rast, the founder of *A Network for Grateful Living*, says this: Look closely and you will find that people are happy because they are grateful.

Feel your pulse.  
Be happy.  
Be grateful.

Connie Knapp,  
*for the Stewardship Commission*

## 4 WAYS TO GIVE TO FPCY

FIRST PRESBYTERIAN  
CHURCH OF YORKTOWN



### IN-PERSON

via the offering  
plate on Sundays,  
or drop it in the  
locked mailbox near  
the office entrance



### TEXT

text  
**MYFPCY**  
to **73256**,  
followed by your  
gift amount



### MAIL

send checks to:  
**FPCY**  
2880 Crompond Rd  
Yorktown Heights NY,  
10598



### ONLINE



### QR CODE

set-up one time  
or recurring gifts

visit:  
[www.tinyurl.com/FPCYgive](http://www.tinyurl.com/FPCYgive)  
or scan the QR code (left)

or set it up through your online  
banking







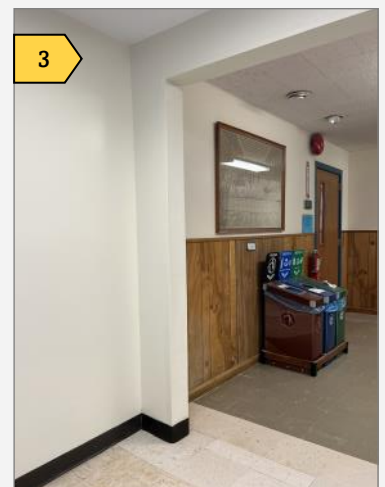
## Volunteers Needed for our Annual Fall Cleanup

Join us for our fall cleanup on October 29. This is the time we take care of the grounds of the church to get ready for winter. There will be many tasks, the biggest of which is the cutting of the ornamental grasses. Others include putting away benches, hoses etc, raking and pruning and the like. Assignments will be given as people arrive. We encourage people to bring garden and grass rakes, shovels and maybe a wheelbarrow or two. Just come at 8am! All are welcome! (Rain date November 12)

## Projects Around the Church

Our Facilities are well taken care of thanks to our custodial team of Kevin and John and our Operations Commission. Special thanks to Dick Seymour and Jerry Amato (& others they recruited from operations) who have taken on several projects this fall. Here are some photo highlights at right and along the bottom of pages 12-13.

- 1.) New Board Room Furniture Assembly
- 2.) Sealing/finishing the new doors in the office and nursery
- 3.) Paint and trim touch-ups around the building
- 4.) Reconfiguring of the Butterfly Garden
- 5.) East Yard Cemetery Sign Restoration





## ADOLESCENTS AND NEGATIVE INFORMATION OVERLOAD

By Rev. Alan F. Steinke, LCSW

Much has been written about Covid's impact on adolescents, the effects of lockdowns, remote learning, social distancing, masking, isolation, lack of privacy at home. But there is another pandemic among adolescents that goes largely unnoticed. It can be called "negativity overload." When computers first became commonly available decades ago, sociologists predicted it would create an "information superhighway." And so it has. A handheld cell phone has replaced and superseded information once available only in a complete set of the Encyclopedia Britannica. This is a miraculous and blessed advancement. Up to a point. Here's why: it is estimated that the human brain is not fully developed until age 25. This means that adolescents are not yet equipped to process negative information and images as well as adults. This inevitably leads to a predisposition to anxiety and depression.

According to the National Institutes of Health, nearly one in three of all adolescents ages 13 to 18 will experience an anxiety disorder. These numbers have been rising steadily. Adolescents have been plunged into a sea of negative information overload.

For instance, an adolescent goes to a movie theater and before the feature, he will be treated to a dozen preview trailers. Most of these will be offerings from the Disney and Marvel studios, and will graphically display images of action films, which will be replete with fire and blood and smoke, explosions and crashes, flying body parts and death. Or he could stay home and access the same or similar fare on Amazon, Netflix, Hulu and other streaming services. Or he could get out his handheld device and go to YouTube or TikTok and gain access to images of whatever in the world.

Adolescents by nature are curious. They have a penchant for exploring, experimenting, and testing limits. It's a natural part of growing up. But they are easily overloaded with info and images that they are not ready to process to their benefit. This often results in anxiety and depression.

Beyond the entertainment field, they are exposed to massive amounts of negative reality reported by print and electronic media. They are not shielded from knowledge of school shootings, shootings in public places, terrorist attacks here and around the world, violence in the streets of American cities, chronic political contentiousness, racial tensions, the opioid overdose epidemic, the brutal invasion of the Ukraine—let these examples suffice, lest the reader be overloaded—but more could be added.

The question becomes: what can be done? We begin by bringing the adolescent ear to the message of the Gospel (Good News) of Jesus—His way, His truth, His life, and all the hope, and victory, and positivity it provides.

And much can be done at home. Talk with adolescents openly about their stressors. Try to see the world their way without judgment—which they will only hear as more negativity. Invite them to have a different, less automatic perspective. Teach coping skills. Encourage them to control what they can and not worry about the rest. Be careful—they will hear too much *positive* information overload as baloney, an attempt to give easy answers to hard questions. And remember—parents, teachers, pastors, and all adults, as you navigate these undulating waters—Lutheran Counseling Center is well-equipped with skilled and compassionate counselors eager to assist.

Rev. Alan F. Steinke, LCSW is a Clinical Supervisor for LCC, who counsels children, adults, and couples.

Please visit our website at: [www.lccny.org](http://www.lccny.org) for more information.

For a counseling appointment, call LCC at 1-800-317-1173. All sessions are virtual.





## PREPARING FOR ADVENT



### Food Pantry Cards

Need a gift for someone who has everything? Looking for an alternative to the commercial Christmas gift? Need a hostess gift to take to Thanksgiving dinner or a holiday party?

Why not make a donation to our Food Pantry in honor of a friend or family member? Donations can be made in any amount.

For each donation, you can select a card that you can mail or deliver in-person. Stop by the office.



### Deck the Halls—Saturday, November 26

All are welcome to become part of this holiday tradition as we decorate our Sanctuary for Advent and Christmas. Many hands make light work as we put up candles, greens, roping, wreaths, a Christmas tree and the Christmas Creche.

Donuts and coffee will be provided. All ages welcome! **We'll start at 8:30 am.**



### Giving Tuesday—November 29th

We ask you to consider giving to one or more of these efforts.

- Thanksgiving Offering (to buy something extra for the Christmas table for our pantry clients)
- General gift to FPCY
- Christmas Joy offering

Mark your gifts with the chosen fund + "Giving Tuesday"

### Calling All Angels and Shepherds

Join us in sharing the joy and wonder of the Christmas story with our congregation! On Christmas Eve, our children will lead us in worship with the Christmas Pageant at the 3:00pm Family Service. If your child (up to 6th grade) would like to participate in the Christmas Pageant, please contact Tami Seidel, by Sunday November 27. More details will be announced in the November bulletins.



*Volunteer  
to host a  
coffee hour!*



Coffee Hour after our service(s) is a time for fellowship and catching up with each other. In order to have coffee hour, we depend on volunteers for simple tasks that include setting up, plugging in the urns, and cleaning up. Please consider signing up for one or more Sundays so that we can all enjoy one another's company along with some coffee! Read more details here:

<https://tinyurl.com/FPCYCoffeeHour>

October/November 2022

www.FPCYorktown.org

914-245-2186

office@fpcyorktown.org

Office Hours: Mon-Wed, Fri 9-4, Thu 9-2

Co-Pastors: Rev. Chip Low and Rev. Tami Seidel

# The DISCIPLE



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office@fpcyorktown.org



FIRST PRESBYTERIAN CHURCH OF YORKTOWN  
2880 CROMPOND RD | YORKTOWN HEIGHTS NY, 10598

## Current Resident or:

3 8:00/10:30am Worship 9:15am Faith Formation Hour New Member Classes 11:45 Deacons 12:00pm Youth Bells 5:30/6:30 MS/HS Youth Group 7:00pm F4L— <i>Sacred Earth</i>	24 10:00am Knit Togethers	25 10:00am F4L Study 7:30pm Faith Formation & Communications	26 7pm Centering Prayer 7:30pm Disciple	27 10am F4L Study 6:45pm Adult Bells 7:30 Stewardship 8:00pm Choir	28	29 8am Fall Clean-Up
30 8:00/10:30am Worship 9:15am Faith Formation Hour New Member Classes 12:00pm Youth Bells 7:00pm F4L— <i>Sacred Earth</i>	31 10:00am Knit Togethers	1 NOVEMBER 10:00am F4L Study 7:30pm Session	2 9:30 Prayer Shawl 10:30am Women's Circle 7pm Centering Prayer 7:30pm Disciple	3 10am F4L Study 6:45pm Adult Bells 7:30pm Stewardship 8:00pm Choir	4 3:00pm Pantry+ Set-Up	5 8am Pantry Distribution
6 All Saints' Sunday 8:00/10:30am Worship 9:15am Faith Formation Hour New Member Classes 12:00pm Youth Bells 7:00pm F4L— <i>Sacred Earth</i>	7	8 Election Day 10:00am F4L Study 7:30pm Worship Design	9 7pm Centering Prayer 7:30pm Disciple	10 10am F4L Study 6:45pm Adult Bells 8:00pm Choir	11 Veterans Day	12 7:30am Breakfast Run 8am Men's Breakfast 9am Tent Take-Down
13 Peace & Justice Sunday 8:00/10:30am Worship 9:15am Faith Formation Hour New Member Classes 12:00pm Youth Bells 7:00pm F4L— <i>Sacred Earth</i>	14 10:00am Knit Togethers 6:30pm Mental Health Event	15 10:00am F4L Study 7:30pm Mission/ Operations	16 10:30am Prayer Shawl 7pm Centering Prayer 7:30pm Disciple	17 10am F4L Study 6:45pm Adult Bells 8:00pm Choir	18 3:00pm Pantry+ Set-Up	19 8am Pantry Distribution
20 8:00/10:30am Worship 9:15am Faith Formation Hour New Members 11:45am Deacons 12:00pm Youth Bells 4:00pm Interfaith Service 7:00pm F4L— <i>Sacred Earth</i>	21	22 10:00am F4L Study 7:30pm Faith Formation	October/November			