



# PILGRIMS OF THE HUDSON VALLEY

- a monthly walk series -

## *Exploring the World Through The Woods of The Hudson Valley*

### WHO WE ARE:

The Pilgrims of the Hudson Valley is a group of multi-generational walkers who seek out and escape to the secret quiet spaces in the suburbs together. Whether you want come alone and walk alone, and would like someone to know you're in the woods and see that you come out, or you'd like to bring friends on a walk and meet new ones, join us for one or all of these walks. Reconnect with nature and the world through the natural spaces of the Hudson Valley.



JOIN OUR FACEBOOK GROUP: PILGRIMS OF THE HUDSON VALLEY

### WHEN WE WALK:

We generally walk on the first Saturday of every month. Weather doesn't dampen our spirits, but if it's truly terrible out, we rain date to the following Saturday. Watch the Facebook group for updates.

### HOW TO JOIN A WALK:

We meet at a parking place (details & maps will always be available two weeks before each walk in our Facebook group "Pilgrims of the Hudson Valley"). Organizers take attendance, and hand out marked maps so we're certain everyone comes back to the parking spot. Then you're free to walk at your own pace and enjoy the community of your fellow walkers (or not) and the green spaces.



Pilgrims of Westchester is a program of the First Presbyterian Church of Yorktown. For more information or to contact FPCY visit <https://fpcyorktown.org/> or call (914) 245-2186.

# PILGRIM'S PROGRESS (THE SCHEDULE):

*May 1, 2021 - Inaugural Walk!*



## **Rockefeller State Park Preserve - Sleepy Hollow**

**12 PM**

Meet at the Swan Lake Visitor Center and walk the not-too-steep trails that were once a private park for the Rockefellers - no theme, this is just a "get-to-know-you" walk. [41.113396N, 73.834835W]

*June 5, 2021 - A Walk With A View*



## **Candlewood Hill, Fahnestock State Park - Putnam Valley**

**12PM**

A quiet, not-too-difficult trail to a summit offering views in all directions, perfect for quiet reflection and spiritual renewal. The climb has a few rocky, scrambly bits, but is quite manageable for moderately active kids and adults—and pups, too! There are also opportunities to explore lakes, and the old, abandoned iron mines located in the park. Meet at the northern end of the paved portion of Bell Hollow Road. [41.41471N, 73.85412W]

*July 10, 2021 - Midsummer Sound Healing*



## **Sal J. Prezioso Mountain Lakes Park - North Salem**

**6 PM**

Mountain Lakes Park is a charming, quiet spot. We'll provide you with a map that will take you through some magical places in the park with sound healing experiences that will soothe and delight. Enter at the park office and meet at the white trailhead parking lot. [41.226248N, 73.85749W]

*August 7, 2021 - Hike and Gorge*



## **Depew Park/Blue Mountain Reservation - Peekskill**

**2 PM**

Hidden in the midst of busy Peekskill are 1500 acres of unspoiled natural beauty. Walk a hand selected section of the 24 miles worth of trails and finish in Depew Park and "gorge" on foodtruck fare. Meet at the Peekskill Pool parking lot. [41.16511N 73.55100W]

# PILGRIM'S PROGRESS (THE SCHEDULE):

## *September 4, 2021 - Quarry Walk*



### **Mohegan Quarry, Sylvan Glen Preserve - Yorktown 12PM**

The quarry works in Sylvan Glen were abandoned rather abruptly, leaving behind a fascinating and unusually vivid reminder of our community's history. Walk amongst the remnants, strewn with old machinery and half-dressed stones—some of them destined for famous landmarks. Meet at the Sylvan Glen/Morris Lane entrance. [41.299699N, 73.856524W]

## *October 2, 2021 - Hike Like a Pilgrim*



### **Anthony's Nose - Garrison - 12 PM**

Meet Pastor Chip Lowe who has just returned from a several months long pilgrimage to Scotland, France and Spain. Challenge yourself with a steep hike while discussing what's it's like to take time out in a world that's go-go-go and walk the pilgrim way. Anthony's Nose is a fairly challenging hike so wear those boots! Meet at the Anthony's Nose/Appalachian Trail Trailhead. You will park on 9D (on the road) north of the Bear Mountain Bridge. [41.320231N, 73.979081W]

## *November 6, 2021 - Beacon Walk*



### **Stroll Main Street Beacon - 12 PM**

Not all walks have to be in the woods! Beacon's Main Street is, conveniently, exactly one mile long and unites the former twin villages of Fishkill Landing and Matteawan into a vibrant commercial and cultural district. Window shop, holiday shop, or just immerse yourself in the historic, National Register-listed architecture. Meet at the parking lot on Churchill Street, in front of Hudson Valley Brewery. [41.501932N, 73.963318W]

## *December 4, 2021 - Winter Walk*



### **Ward Pound Ridge Reservation - Pound Ridge - 12 PM**

The woods are a wholly different place in the winter. Take a moment out of the Holiday hustle and bustle to reconnect with nature on the reservation's 44 miles of trails. Meet at the trailside museum parking lot. [41.257972N, 73.588382W]