

DATES TO NOTE:

March 1
New Member Classes
Begin

March 8
Daylight Saving Time Begins

March 15 & 18
Won't You Be
My Neighbor?
movie screening

March 18
St. Patrick's Day Lunch
Bunch

March 20-21
Confirmation Retreat

March 29
Talent Show

The Disciple



*Make a joyful noise to the Lord, all the earth.
Worship the Lord with gladness;
come into his presence with singing.*

*Know that the Lord is God.
It is he that made us, and we are his;
we are his people, and the sheep of his pasture.*

*Enter his gates with thanksgiving,
and his courts with praise.*

Give thanks to him, bless his name.

*For the Lord is good; his steadfast love endures forever,
and his faithfulness to all generations.*

These words from Psalm 100 are perhaps one of the most famous calls to worship in the Bible. These sacred words have been spoken and sung over the past 2000 years (maybe more!) to call God's people to worship the Lord with gladness, singing, thanksgiving and blessing. Why? Because God made us, and we belong to God. Because God is good, God loves us, and God is faithful to us.

So why do you come to worship? What does worship mean to you? Whom do you worship?

During the season of Lent this year, we are not asking you to give up anything like chocolate or caffeine (phew!), but we are inviting you to worship God with greater intention and commitment. Why? Because worship is the most important thing we do as Christians and as a community of faith. Without worship, we cannot be faithful disciples and the church cannot be the church God calls us to be. Worship is the heartbeat of our faith and our life together as the body of Christ. If Lent is a season of reflection and growing in our relationship with God and one another, then there is no better way to do this than through the spiritual discipline of worship.

For the season of Lent through Holy Week and Easter Sunday, we invite you to make worship a priority in your life and your family's life. Make a commitment to attend every worship service during this holy season of the church year (even and especially Maundy Thursday and Good Friday) and to engage in the worship services with intention and enthusiasm.

- Pay close attention to what we do and why and what it teaches us about God and ourselves and how God calls us to live faithfully in the world.
- If you have questions, ask!
- Come to the Sunday morning Faith4Life class at 9:30 am so you can learn even more and discuss it with others.
- Fill out the worship survey that you received in this newsletter (page 6) or online.
- Talk about the worship service afterwards with your family and friends to learn what they experienced and how the service impacted their faith and life.
- Finally, bring whatever you heard or learned in worship into the rest of your week and practice it every day, whether it is praise or prayer, listening to God's Word or serving others.

So join us for worship! Let's spend the season of Lent growing in our relationship with God and one another and learning how to worship God together, so that we may follow Jesus faithfully to the cross and beyond to the joy of Easter Sunday.

See you in church,

Jami

2020 LEADERSHIP

THE SESSION

Clerk of Session: Gordon Braudaway

Moderators: Chip Low, Tami Seidel

Class of 2020		Class of 2021		Class of 2022	
CO	John Bentley	S, WD	Jane Amato	WD	Abby Cross
CL	Nancy Caswell	BF, P	Beth Gruber	FF	Nicole DeCintio
M	Jeff Kephart	OP	Matt Hager	FF, WD	Lynn Edling
FF	Liza Placido	WD, N	Bill Herman	M	Eric Kreuter
BF	Matt Sheridan	CL	Emily Monk	OP	Ian Spence
P, N	Nance Thompson	CO	Linda Swift	CL	Bill Winsted
Luke Torres-Rossi (09/01/19—08/31/20)			Kate MacDonald (09/01/20—08/31/21)		
Ashley Leftwich (09/01/19—08/31/20)			Benjamin Low (09/01/20—08/31/21)		

COMMISSIONS & TEAMS

- | | |
|--------------------------|---------------------|
| BF = Budget & Finance | N = Nominating |
| CL = Congregational Life | OP = Operations |
| CO = Communications | P = Personnel |
| FF = Faith Formation | S = Stewardship |
| M = Mission | WD = Worship Design |

THE BOARD OF DEACONS

Moderator: Jean Post-Winget

Secretary: Christine Lazarus

Class of 2020		Class of 2021		Class of 2022	
Patrick Burns	Susanne Caruso	Diane Hawlk	Wanda Diaz	Dana Mordue	Christine Lazarus
Pam Darreff	Debra Farrell	Christine Lazarus	Martin Scatola	Nancy Paskin	
Jean Post-Winget					
Andy Torres					
Ethan Brown (09/01/19—08/31/20)	Daniel Hager (09/01/20—08/31/21)		Daniel Hager (09/01/20—08/31/21)		
Daniel Hager (09/01/19—08/31/20)	Marina Wheeler (09/01/19—08/31/21)		Marina Wheeler (09/01/19—08/31/21)		



Our Newest Neighbors (Members), received into membership on November 17



Courtney Donnelly lives in Cortlandt Manor with her husband Joseph and two daughters, Megan (11) and Payton (13). Courtney is a stay-at-home mom, but is slowly stepping back into the work place.



Alessandra Cirillo and her husband Peter McKee live in Yorktown with their son Roman (7) and daughter Aria (4). Alessandra teaches STEM at an elementary school in Putnam Valley. A former graphic designer, she still loves to create in her spare time. She also loves nature, science, art & music.

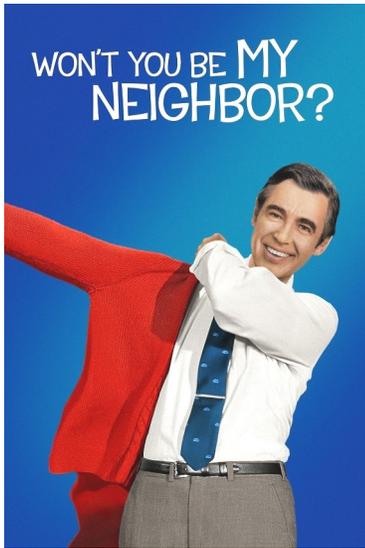
New Member Classes

We will be holding classes for new members beginning on Sunday, March 1, and continuing on each successive Sunday to March 29. On that Sunday, the new members will meet the Session and be received as members at the 10:45 AM service.

A brunch will follow the service.

Please contact Chip, Tami, or the church office if you would like to attend. New members keep our church active and dynamic, so if you are thinking of joining our church, please join us for these classes!



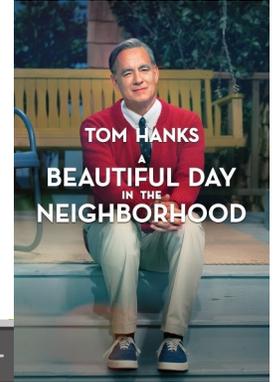


Won't You Be My Neighbor?

Come and join us as we watch and discuss the documentary about the man and Presbyterian minister behind *Mister Roger's Neighborhood* and the inspiration behind our *Life In the Neighborhood* theme.

Sunday, March 15 @ 6:00 pm
Wednesday, March 18 @ 1:00 pm (after Lunch Bunch)

(Coming Attraction in April:
A Beautiful Day in the Neighborhood starring
Tom Hanks)



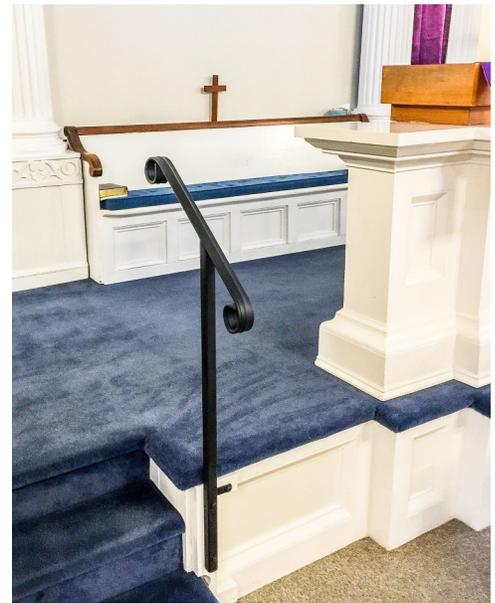
Operations

Operations continued to take steps to ensure the structural integrity of our buildings by retaining Connecticut Basement Systems (who recently completed work underneath the Sanctuary) to remediate continuing water related issues in the basement underneath Room I. Work is expected to begin March 18th and many hands were involved in readying the space.

We have again retained SavATree to nurture and maintain the majestic trees which populate our property, and a new undertaking was approved to treat our Blue Spruces against a blight that is affecting the Northeast.

Removable railings have been put in place to ease access to the Chancel and hearty thanks go out to Dick Seymour and Jerry Amato for the time spent in designing, structuring, and installing this necessary upgrade.

Ian Spence,
Co-Chair, Operations



DON'T FORGET TO
SPRING FORWARD

REMEMBER TO SET YOUR
CLOCKS **AHEAD** 1 HOUR
SATURDAY NIGHT

Daylight Saving
Time Begins

March
8th

@ 2:00am

Deacons' Corner

“Often when you think you're at the end of something, you're at the beginning of something else.”

– Fred Rogers

Walk along with the Deacons as we are at the beginning of something else. It is an exciting time in the life of the church as we explore, discuss and flesh out details of new initiatives; however, it can also be challenging. As part of this new focus, both the *Prayer Shawl Ministry* and the *Knit Togethers*, which formerly reported to Mission, will now move to the Deacons as their home base for reporting. With this change, Debbie Farrell will be the liaison for both these groups.

Also, while we will continue to serve a supportive role to the Pantry, we will be shifting our central focus to ministering to the needs of the congregation. With the rise of mental health issues, the Deacons are discussing the addition of a mental health ministry.

DID YOU KNOW: Youth depression rates have risen from 5.9% to 8.2% since 2012. Depression symptoms can impact performance in school and interfere with personal relationships.

DID YOU KNOW: Mental illnesses can affect people of any age, race, religion, or income. A mental illness is a medical condition that disrupts a person's thinking, feeling, mood, and ability to relate to others and daily functioning.

DID YOU KNOW: Faith and community leaders are often the first point of contact when individuals and families face mental health problems or traumatic events.

As a possible first point of contact, a few members of the Deacons are enrolled in a certification course called **Mental Health First Aid** offered by *The Alliance For Safe Kids*. The program teaches an action plan to offer initial help to young people showing signs of a mental illness and connect them with the appropriate professional, peer, social or self-help program. It emphasizes the importance of early intervention and covers how to help an adolescent in crisis or experiencing a mental health challenge. Please reach out to either Patrick Burns or Sue Caruso for further information on the program or the mental health initiative.

We welcome your thoughts, needs, ideas and prayers so please feel free to reach out to any of the ministry leads as we travel together down this new road of change.

- | | |
|--|------------------------------|
| Diapers, School Supplies: | Pam Darreff |
| Blood Drive, School Supplies: | Wanda Diaz |
| Visitation: | Christine Lazarus |
| Bereavement: | Dana Mordue
& Andy Torres |
| Cards: | Nancy Paskin |
| Spiritual Care, Open Space Rep: | Jean Post Winget |
| Transportation: | Marty Scatola |

Debbie Farrell,
For the Deacons

Pantry News

In January 2020, we served 212 families (151 unique), for a total of 813 individuals. We distributed 68 packs of diapers and 57 packs of eldercare products as well as 24 cases of Ensure to clients over 65.

In February 2020, we served 239 families (166 unique), for a total of 936 individuals. We distributed 69 packs of diapers and 53 packs of eldercare products as well as 23 cases of Ensure to clients over 65.

Thanks to generous donations. 440 cans of soup and other items and \$300 were given from the Super Bowl of Caring at FPCY, Brookside School and the Lakeland Fire Department. We also received \$750 from the offering taken at the Presbytery meeting at FPCY

Item-of-the-Month: PASTA (all varieties)



The majority of the food we offer at our Pantry comes to us from Feeding Westchester. Some items we like to distribute are in short supply. Your contribution of the item-of-the-month can help fill the gap!

Welcome to Our New Pantry Coordinators:

Courtney Donnelley and Liam McAuliffe

**Next Pantry Dates:
March 14 & 28
9 to 11am**

FPCY PANTRY MATCHING GRANT

With the start of the new year, the FPCY Pantry grant matching program begins anew. Throughout the year, every dollar is matched up to at least \$10,000. Please consider supporting our FPCY Pantry, an outreach that provides food to over 200 clients twice a month throughout the year. Gifts can be given via mail, in the collection plate or online. Make sure to mark gifts "FPCY Food Pantry" when submitting a check or cash.

2020 WORSHIP SURVEY

Please complete this survey and return to the church office
(or complete it online at: <https://tinyurl.com/FPCYWorshipSurvey2020>)

- 1) Why do you come to worship? What draws you to worship

- 2) How do you prepare yourself for worship?
Do you do anything in particular before you come or as you arrive for worship?

- 3) What do you take with you when you leave worship?
How do you integrate what you experienced in worship into the rest of your week?

- 4) What is your favorite part of the worship service? Why?

- 5) What is your least favorite part of the worship service? Why?

- 6) What part(s) of the worship service does not make sense to you?

- 7) Have you experienced worship at other churches? How was it different?
How was it similar?

- 8) What would you change about our worship service here at FPCY?

Name (optional):





Garrett Artman

Director of Music Ministry

Lent is upon us, and for many it's a time to practice discipline and sacrifice, often personal and private, entering into a somewhat solitary season of reflection, prayer, fasting, reading and meditation. Indeed, the liturgical season of Lent gives us opportunities for personal reflection like no other time in the church year. There's an African-American spiritual that comes to mind:

"Jesus walked this lonesome valley,
He had to walk it by himself.
Oh, nobody else could walk it for him,
He had to walk it by himself."

The hymns that we sing have the power to strike a chord deep within that often shape our faith so the hymns that we choose to sing are vitally important and must be selected with care. *Jesus Walked This Lonesome Valley* emphasizes the individualistic nature of our Lenten journeys, but if you look at our *Glory to God*

hymnal you'll find the truth of the gospel message is that we are not alone in our faith journey.

I recently read a new Lenten hymn by J. Barrie Shepherd, retired senior minister from First Presbyterian Church in New York City. This hymn called *Deep in the Heart of Winter* better reflects the balance between an individual Lenten journey within the context of community (can you guess the tune by reading?):

Deep in the heart of winter, when days seem cold and bleak,
Our faith calls us to enter this space of seven weeks.
We turn to prayer and fasting, take scripture as our guide,
Prepare our souls for Easter, and joyful Eastertide.

A time of deep reflection, a time to search the heart.
Yet more than introspection calls us to do our part.
We turn our thoughts to others, our kin both far and near,
Our families, sisters, brothers, the ones we hold most dear.

Our prayers reach further out now, and think of all whose needs
Cry out for our attention, yearn for our faithful deeds.
The sick, the poor, the hungry, all those who are oppressed,
Those folk our Savior taught us to see as truly blessed.

So mark these days as holy, our truly Lenten time.
Let every seeking soul be restored, renewed, refined.
Till in our Savior's footsteps, beneath his cross we pray,
Then meet him in the garden, rejoice on Easter Day.

A key phrase in that hymn -the phrase that actually made me take notice and examine my own approach to the Lenten journey- is: "A time of deep reflection, a time to search the heart. Yet more than introspection calls us to do our part." As I prepare for Lent, I want to do my part to help provide opportunities for an individual journey within the context of community. It is my hope that their collective journeys will enable them to contribute their individual gifts to a common effort to make a difference. Singing hymns during Lent is an important way to provide opportunities for members of our congregations to engage fully as the worshipping body and to inspire them to the work of the church. In collaboration, pastors and musicians are in a unique position to guide their congregants' Lenten journeys by selecting excellent hymns for them to sing.

So...what should we sing during Lent? The old, familiar hymns, or fresh new tunes? To speak my truth, we'll likely need both. When singing hymns that are familiar, we have opportunities to be transported by the music itself since we don't have to think too much about learning the tune and text. Many of us even have the tune and text of a very familiar hymn memorized, so that we may sing from deep within our souls. On the other hand, when singing hymns that are new, we have opportunities for The Spirit to provide new insights into the very nature of God and God's church.

Lenten Challenge 2020—Zero Waste

The Hudson River Presbytery Green Team (HRP Green) has issued a Lenten Zero Waste Challenge for congregations. Here are some options for you to take to meet this challenge:



⇒ You are always welcome to bring in food for a church event. Here is the challenge: **Bring no disposable plastic items into our church.** Please bring food in a reusable container that you take home with you to use again. Containers might be metal, glass, or durable plastic. In our kitchen there are 2 drawers filled with reusable plastic containers for you to take leftovers home. Let's reduce the use of plastic bags and plastic wrap.



⇒ **New No-Paper-Cup Coffee Hour** bring your own mug, take it home and bring it back again. You may also use one of FPCY's ceramic mugs.

Mug Sunday begins March 1
(no paper cups will be available)



⇒ Rinse any plastic cup used and put it in our recycling bin.

⇒ Let's improve the recycling that we already do! **Pay attention to the labels on the recycling containers in Fellowship Hall.** Paper napkins are not the type of paper that we recycle. Cupcake wrappers are not clean paper. No liquids allowed. Coffee cups and paper plates are trash.

⇒ Support our Middle School Youth Group's initiative to **recycle the things you "can't recycle"** through your local municipality. See next page for details.



Thank you from the Green Team!



Please remember to bring your returnable bottles & cans to the bin at the main entrance to the Fellowship Hall on a Sunday morning or any time you are at the church.

All proceeds support our Mission Trips. Least year we raised nearly \$400 by doing this!

FPCY Middle School Youth is helping us recycle things that otherwise “can’t be recycled”.

Ever look at some of the items that get thrown in the trash and think, “Gee, I wish I could recycle that”. Well now maybe you can! The Middle School youth are partnering with TerraCycle to make it easier for our congregation to recycle some common items that we can’t put in our regular curbside recycling bins.

Look for the boxes (pictured right) near the Gathering Space. Bring in your items from home and put them in the appropriate box. When the boxes get full, we will tape them up and send them to TerraCycle!

PLEASE BRING IN YOUR...



Candy and Snack Wrappers:

Individual, multipack and family-size snack bags and wrappers, including chip, candy and granola wrappers.

PLEASE DO: make sure all excess food has been removed from the wrappers (shake out those crumbs!).

PLEASE DO NOT: include any food waste or cardboard cartons.

Beauty Product Packaging:

Shampoo bottles and caps, conditioner bottles and caps, hair gel tubes and caps, hair spray bottles and triggers, hair paste plastic jars and caps, lip balm tubes, face soap dispensers and tubes, lotion bottles, tubes, dispensers, and jars, shaving foam tubes (no cans), lip gloss tubes, mascara tubes, eye liner pencils and cases, eye shadow, tubes, concealer tubes and sticks.

PLEASE DO: make sure all excess product has been removed.

PLEASE DO NOT: include any aerosol cans, perfume bottles, nail polish bottles, and nail polish remover bottles



Alkaline batteries:

PLEASE DO: ensure that you place tape over the ends of the batteries to prevent any current transfer.

PLEASE DO NOT: include any rechargeable lithium ion batteries, or any battery used to power a device not classified as a portable electronic device.



What is TerraCycle? TerraCycle® is a social enterprise working towards a zero waste world. In 20 countries, they tackle the issue from many angles. They have found that nearly everything we touch can be recycled and they collect typically non-recyclable items through national, first-of-their-kind recycling platforms. Leading companies work with them to take hard-

to-recycle materials from their programs, such as ocean plastic, and turn them into new products. These partnerships work to turn trash to treasure in the form of new products like park benches, purses and backpacks (pictured right).

What happens to the waste? The collected waste is mechanically and/or manually separated into fibers and plastics. The fibers (such as paper or wood-based products) are recycled or composted. The plastics undergo extrusion and pelletization to be molded into new recycled plastic products.

Thank you for your help to be the best caretakers of our planet that we can be!



The Value of Mission Trips: A Report from the Dominican Republic

The Presbyterian World Mission Guidebook defines empowered partnership as “working to build up the capacity of partners, helping them to transform their personal and communitywide situations.” Empowered partnership is not a one-way street; it changes us and our understanding of the world in profound ways, as many who have participated in our mission trips have attested.

Each year, as part of our effort to support meaningful empowered partnerships, the Mission Commission sponsors a domestic or an international mission trip. In 2017, we worked with Bridges to Community to sponsor a mission trip to the community of Caimonial in the Dominican Republic. The immediate purpose of our visit was to rehab and expand a house, but this was part of a larger effort in which many other congregations were involved over the past few years.

Recently, we received a report from Bridges that clearly illustrates what empowered partnership looks like, and what it can mean to a community. Here are excerpts from a story well worth sharing.



Dinabia Medina, Caimonial community leader, says, “Caimonial has changed so much because of Bridges; it has developed and become a real town now, and there isn’t a single person who hasn’t benefitted from this. We used to live in terrible conditions. Many of the houses were falling down and deteriorating. Bridges has completely changed the image of the community. Some people visit from out of town who haven’t been here since Bridges began working, and they get lost here now; it has developed that much.”

Miguela Encarnación, another Caimonial community leader, agrees. She says, “Before the houses were in such bad shape, rotten wood and zinc, it was ugly [and unsafe]. Now, we live much better.”

Bridges also addressed education issues in Caimonial by building a classroom at the local elementary school. Miguela says, “It’s really beneficial to have the extra classroom at the school. Before, the school only offered 1st through 3rd grade, but with the extra space, they now offer 4th grade as well. It’s an advantage not to have to go to the neighboring community to drop off and pick up your young children until they reach 5th grade.”

Community members observed the need to engage teens, many of whom were idle and getting into trouble. In 2015, Bridges built and opened a youth center for Derrumbadero and Caimonial. Bridges worked with the community to form youth committees; the teenagers received workshops on topics such as reproductive health, goal setting, and entrepreneurship. In weekly meetings, they planned for their futures and had fun in a safe environment. Dinabia says, “The youth were so shy and without any direction in their lives. Bridges’ youth committees taught them to speak in public, to think about, and dedicate themselves to reaching their goals in life.” Miguela says, “The youth are more interested and motivated to better themselves instead of being idle. Many of them want to study at university.”

Public health is a critical piece of Bridges' poverty alleviation strategy. We have worked to tackle Caimonial's most pressing public health issue: a lack of sanitary latrines. Bridges built 12 latrines in Caimonial in 2019 alone, and community leaders have learned a lot from Bridges' public health volunteers. Miguela says, "Before, hardly any houses had latrines. Most people would relieve themselves outside. Now, it's much more sanitary and safe for us."

One of our most recent projects addressed both public health and economic development. 20 families received 25 lemon trees each to plant on their farms and also fenced in their land to prevent animals from eating the saplings. Once these trees bear fruit, the community members will be able to sell their harvest, providing additional economic opportunity.

Community leaders in Caimonial are grateful for our partnership and years of work. Miguela says, "I feel proud

of my community and what we have been able to accomplish with Bridges."

This year, we are sponsoring a domestic mission trip to Puerto Rico to help a community that is still suffering from the impact of recent natural disasters. If you are interested in participating, please contact Stephanie Hare and Heidi Haring for more information. We will be launching our fundraising drive with the Talent Show on Sunday March 29th at 3pm. If you're interested in contributing your talents, please contact John Winget (jwingetpt@yahoo.com).

We are very grateful to the congregation for your generous support of mission trips over the years. We hope this article helps illustrate the positive impact those trips can have on the world and on us, and that you will feel inspired to contribute generously to our fundraising efforts again this year.



**PRESBYTERIAN
DISASTER
ASSISTANCE**

OUT OF CHAOS, HOPE

Sign up for this summer's mission trip to Puerto Rico

to work with Presbyterian Disaster Assistance! The trip is July 18 - 25, 2020 and is open to adults and youth who will be 15 years old or older by the start of the trip; the deadline to register is Sunday, March 15.

See Steph Hare or Heidi Haring for more information.



FPCY's Got Talent! - March 29, 3:00pm

Share your special talent and help us raise money for our summer mission trip to Puerto Rico. We will share music, dancing & more. John Winget will help connect you with an accompanist if needed as well as coordinate all stage hand needs.

Questions? contact John: jwingetpt@yahoo.com



As we sail toward spring, our kids in Pre-K through 4th grade have been busy painting, experimenting, and baking up a storm in their Art, Science, and Cooking rotations for the “Woman at the Well” unit. The kids were surprised to learn that Jesus

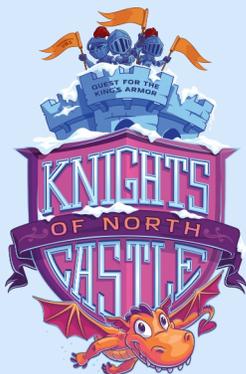


offered the woman an unexpected gift: the gift of living water. Continuing with our aquatic theme, we will explore “Walking on Water” in our next rotation and learn how Jesus helped Peter walk on water and pulled him back into the boat when he took his eyes off Jesus and began to sink.



We welcome new kids throughout the year, so feel free to join us any Sunday from 9:30-10:30 if you are interested. To learn more, please reach out to Bridget Bentley at bridget.bentley@gmail.com.

Peace,
Bridget Bentley and Kristy Berlin



Explore where God’s power can take you at VBS this summer as we go on a “QUEST FOR THE KING’S ARMOR” and learn to “Be strong in the Lord and in the strength of his power”!

VBS DATES: JULY 6-10, 2020
YORKTOWN UNITED METHODIST
2300 CROMPOND ROAD
YORKTOWN HEIGHTS, NY
9:00-12:00

Teen volunteer hours

Teen Orientation: June 7, 1-3pm
Training: July 1-2, 9-12noon
VBS - July 6-10 * 8:30-1pm
Closing Worship Service
July 10 @ 7pm

Adult volunteer hours:

Adult Volunteer Training:
March 22, 1-3pm, April 26, 1-3pm
VBS - July 6-10 * 8:30-12:15
Adult devotionals (optional):
7/6-7/10 @ 12:15-12:45
Closing Worship Service
July 10 @ 7pm

All teens completing 6th grade are eligible to be a Teen Helper!
*Community Service Youth Opportunity

If you can’t attend the meeting but can help, please contact
E-mail [Rachahd Tosado at Yumcvbs2020@gmail.com](mailto:Rachahd.Tosado@Yumcvbs2020@gmail.com) or (914) 246-0258



FPCY YOUTH

BIG THANKS to everyone who came out for the Pancake Supper: our cooks, our servers, our decorators, and our diners! A good time was indeed had by all and you all came together to create a truly festive atmosphere and made it one of our most successful Pancake Suppers to date. Thank you for supporting our team going to the Montreat Youth Conference this summer!!

Save the Dates

March 8 & 22

Middle School Youth
4:30 – 6 pm
High School Youth
6 – 8:00 pm

Coming up in March, we will have Youth Gatherings at our traditional times on Sundays, March 8 & 22, 4:30-6 for Middle Schoolers and 6-8 for High Schoolers. All youth are invited to join in, whether you've been coming all year or want to try it for the first time. March 8th we will be exploring Mindfulness with Connie Knapp at both gatherings.



And...High Schoolers, coming up during Holy Week/spring Break in April, we're going to have an opportunity to do a day of service with Habitat for Humanity in Poughkeepsie. Stay tuned for more details coming soon! Questions? Contact Steph Hare 914-826-1227 youth@fpcyorktown.org



Confirmation Class is doing a **Midnight Breakfast Run and We Need Your Help!**

Breakfast Runs are facilitated by the Midnight Run organization, our partner in reaching out to people experiencing homelessness in New York City. This year, instead of going down to NYC late at night, our Confirmation team will head down early in the morning on Saturday, March 21 to set up a breakfast station at a location assigned to us by Midnight Run. The team will be serving breakfast foods that we've prepared the night before, handing out toiletries and a selection of clothing items, and making connections with our neighbors who are living outside.

We expect to serve breakfast and talk to about 60 people, so we need the Congregation's help.

We're asking for donations of the following items for distribution:

- New Men's Socks and Underwear
- New or Gently Used T-Shirts and Sweatshirts in Larger Men's sizes
- Washcloths
- Disposable Razors, Travel Sized Shaving Cream

These items can be dropped off in the Gathering Space anytime up until Friday afternoon, March 20

Here's what we need to make breakfast:

- Frozen or Refrigerated Pie Crusts (we're making quiches!)
- Eggs, Bacon
- Onions, Baby Spinach, Mushrooms, Yellow or Green Squash
- Cheddar Cheese, Swiss Cheese, Mozzarella Cheese
- Bananas
- Clementines or Tangerines
- Danish or Pastry Rings we can slice into smaller portions (like Entenmann's)
- Orange Juice

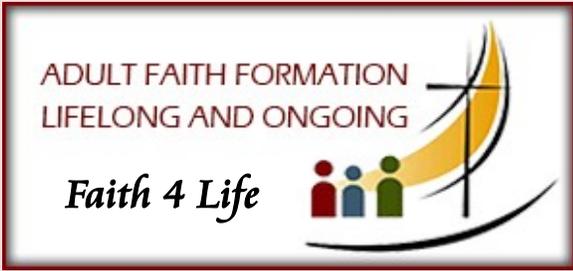


Please sign up to claim an item or two from our grocery list by Wednesday 3/18

sign up on a sheet in the Gathering Space or by going to Sign Up Genius online: <https://tinyurl.com/fpcy-BreakfastRun-2020>

Please drop off grocery items in the church kitchen on Thursday 3/19 or Friday 3/20 (before 6 pm).

Any Questions? Contact Pam Darreff or Steph Hare



Welcome to Lent, a time when we prepare ourselves for Easter. In some traditions, folks give up something for Lent. In other traditions, folks take on a spiritual practice or discipline for Lent. Your Faith4Life planning team encourages you to consider attending one of the many study sessions planned for this season as your Lenten practice.

Our Worship Design Commission has chosen the Lenten theme, **Worship: The Heartbeat of Faith**. On Sunday mornings we'll explore various elements of worship, such as praise, repentance, listening, and prayer. Come and learn why we Presbyterians believe that worship is so

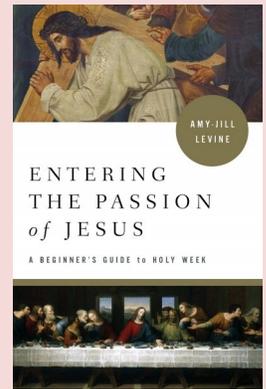
important, explore the various parts of our worship service, and discover why our order of worship takes the form it takes. Sunday morning sessions will be led by members of the Faith4Life planning team. Please plan to join us one, two or all six sessions.

Tuesday and Thursday mornings we'll be discussing Amy-Jill Levine's book **Entering the Passion of Jesus: A Beginners Guide to Holy Week**, a Lenten study that will explore among other aspects of Holy Week, Jesus's entry into Jerusalem, his cleansing of the Temple, and his teachings. The study includes a DVD with a short introduction to the week's readings and a participant's guide. Please join us for as many sessions as your schedule will allow.

The Women's Circle will meet on Wednesday March 4th and Wednesday April 1 from 10:30 until noon, following the Presbyterian Women's curriculum, **Love Carved in Stone: A Fresh Look at the Ten Commandments**. All women are welcome, whether you have attended previous sessions or not. Come join us!

The **Men's Breakfast** will be held at 7:30 on Saturday March 21, 2020 and Saturday April 18, 2020.

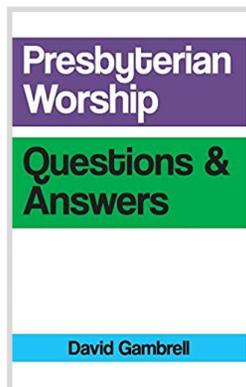
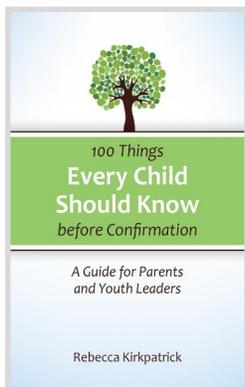
Connie Knapp,
for the Faith4Life Planning Team



New in the Church Library:

In the November Disciple I introduced the book **100 Things Every Child Should Know Before Confirmation** (248.8). Now we have a related title, **Presbyterian Worship; Questions and Answers** (285 G) by David Gambrell. The author, who is Associate for Worship in the Office of Theology and Worship of our denomination, answers many questions about our worship practices, from general ("What is worship?") to specific ("What are the liturgical colors?"). This is an invaluable source for reference or study.

Carol Jensen, Church Librarian



On January 28, FPCY hosted the Hudson River Presbyterian meeting where our own Connie Knapp was installed as Moderator for the coming year.

Congrats Connie!

Prayer Shawl

The **Prayer Shawl Group** will meet next on March 4 at 9:30am and March 18 at 10:30am. Anyone who would like to join us in knitting is most welcome. In addition to the regular knitters who come on Wednesdays, we have at least seven off site knitters. Any questions please call Marianna Sherman at 914-737-8294 or Fran Schiel at 914-245-5396.



Monthly Men's Breakfast Third Saturday of the Month

Join us for food,
fellowship & Faith
March 21 at 7:30am



Lunch Bunch

On March 18th, Lunch Bunch will celebrate St. Patrick's day with our annual catered Corned Beef and Cabbage lunch. Cost is \$15 per person. RSVP



and payment should be into the church office by March 15th. We will also be collecting full size toiletries for the clients of Jan Peek. Lunch will be followed by a screening of "Won't You Be My Neighbor".

Join us, bring a friend, meet a new friend. All are welcome.

For more information see Pat Prauda.

Knit Together

The Knit Together will meet on March 9 & 23 and April 13 & 27.

We had a very busy 2019 as evident in our sharing of 310 hand knitted items with local community groups! Now we are busy knitting hats, scarves and lap blankets for our 2020 giving.

Come and join us. All who knit or crochet are welcome. We meet on the 2nd and 4th Mondays, 10:00 am to 11:30 am, in the Lounge Room 15.

For information: Norean Radke (962-4370 or radke30@msn.com) or Lois Ostling (962-2809)



Noontime Meal

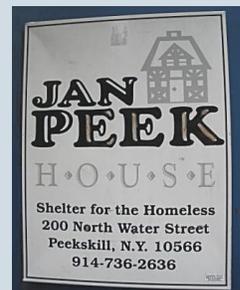
All are invited to join our team of Noon Time Meal volunteers as we prepare a monthly meal for the Peekskill Salvation Army. We prep the meal on Tuesday and they cook it on Wednesday. If you can scrub potatoes, clean carrots, chop ham or pull chicken off the bone, come and lend a hand! We work for about 1.5 to 2 hours. We will meet in our kitchen on Tuesday March 10th at 10:00 am. If you can't make it or prefer supplying a dessert, that is welcome, too. Need more information? Speak to Pat Prauda.



Jan Peek Meal

Jan Peek House is a shelter for people experiencing homelessness including several veterans. They depend on a meal from our congregation on the 4th Saturday of each month.

If you would like to help out preparing a meal and serving it, please contact Pat Prauda (patprauda@gmail.com, 737-4674). We still need volunteers for the 4th Saturday of July and August, October and November please reach out to Pat if you are interested.



The Disciple

March 2020

www.FPCYorktown.org

914-245-2186

office@fpcyorktown.org

Office Hours:

Monday-Friday, 9:00-5:00

Co-Pastors

Rev. Chip Low

Rev. Tami Seidel



Facebook.com/fpcyorktown



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First Presbyterian Church of Yorktown
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Yorktown Heights, NY 10598

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1 8:30 & 10:45am Worship 9:30am Sunday School, F4L, Confirmation, New Members 12:00pm Youth Bells 6:00pm F4L-Painting the Stars	2	3 10:00am F4L Study 7:30pm Session	4 9:30am Prayer Shawl 10:30am Women's Circle 7:00pm Disciple I 7:30pm Disciple FT	5 10:00am F4L Study 6:45pm Adult Bells 8:00pm Choir	6	7 <i>Set clocks forward one hour tonight before bed!</i>
8 <i>Daylight Saving Time Begins</i> 8:30 & 10:45am Worship 9:30am Sunday School, F4L, Confirmation, New Members 12:00pm Youth Bells 4:30pm MS Youth 6:00pm HS Youth	9 10:00am Knit Togethers	10 10:00am Noontime Meal Prep 10:00am F4L Study 7:30pm Worship Design Meeting	11 7:00pm Disciple I 7:30pm Disciple FT	12 10:00am F4L Study 6:45pm Adult Bells 8:00pm Choir	13 3:00pm Food Pantry Set-Up	14 9am Food Pantry
15 8:30 & 10:45am Worship 9:30am Sunday School, F4L, Confirmation, New Members 12:00pm Deacons, Youth Bells 6:00pm <i>Won't You Be My Neighbor?</i> Movie Screening	16	17 10:00am F4L Study 7:30pm Mission & Operations	18 9am Stewardship 10:30am Prayer Shawl 12pm Lunch Bunch 7:00pm Disciple I 7:30pm Disciple FT	19 10:00am F4L Study 6:45pm Adult Bells 8:00pm Choir	20 6:00pm Confirmation Retreat Begins	21 7:30am Men's Breakfast
22 8:30 & 10:45am Worship 9:30am Sunday School, F4L, Confirmation, New Members 12:00pm Faith Formation, Youth Bells 4:30pm MS Youth 6:00pm HS Youth	23 10:00am Knit Togethers	24 10:00am F4L Study 7:30pm Communications	25 7:00pm Disciple I 7:30pm Disciple FT	26 10:00am F4L Study 6:45pm Adult Bells 8:00pm Choir	27 3:00pm Food Pantry Set-Up	28 9am Food Pantry 6pm Jan Peek Meal Served
29 8:30 & 10:45am Worship 9:30am Sunday School, F4L, Confirmation, New Members 12:00pm Youth Bells 3:00pm Talent Show	30	31 10:00am F4L Study 7:30pm Communications	<h2>March</h2>			